

All Saints

Catholic Primary School

NEWS



FROM THE PRINCIPAL

Liz Keogh

Did you know at All Saints we collect and use various data to help us plan and understand how as a school we can increasingly support the children's learning? We also use data to understand what might be affecting their learning.

One of the measures that we use is attendance figures. We know that research shows that higher student attendance at school is associated with higher student achievement and more beneficial life outcomes. This is what we want for the children at All Saints.

One set of data we collected about attendance last term indicated that children were picked up early from school 572 times. This term already children have left school early 196 times. Often this also means classrooms were called and interrupted during learning time. And we know even small absences can add up over the years at school.

Why is regular attendance at school important?

Regular school attendance will mean that your child gets a better chance at life. Your child will achieve better when they go to school all day, every school day.

- They learn better
- They make friends
- They are happier
- They have a brighter future.

Why must I send my child to school?

As a parent, you must make sure your child goes to school every day. This is your legal responsibility as defined by South Australian law.

- Your child must go to school all day and every day that it is open. This is unless there is an explanation. For example, if your child is sick.
- Your child must be enrolled and going to school by the age of 6.
- Your child must go to school until they are 17 years old.

We suggest:

Avoid keeping your child away from school for:

- birthdays
- shopping
- visiting family and friends
- if they sleep in

- looking after other children,
- minor check-ups
- care such as haircuts
- routine medical or other health appointments (these should be made before or after school or during the school holidays)

While it is a last resort, it is important to understand that you may be prosecuted if your child is not attending school regularly. It is the school's responsibility to report student absences.

Do I need to let the school know if my child has been away from school?

Yes. You must let the school know the reason why your child is absent from school – either beforehand, on the day of the absence, or as soon as practicable after your child's return to school.

Having problems getting your child to school for some of these reasons?

- won't get out of bed in the morning
- won't go to bed at night
- can't find their uniform, books, school bag
- slow to eat breakfast
- haven't done their homework
- watching TV
- have a test or presentation to do, have an assignment to hand in
- it's their birthday.

A set routine can help

- have a set time to go to bed
- have a set time to get out of bed
- have uniform and school bag ready the night before
- have a set time for starting and finishing breakfast
- set a time for daily homework activities
- speak about school positively
- be firm, send your child to school every school day including their birthday and the last day of term!

There is even an app to assist with these routines.

What should I do if my child won't go to school?

You should contact us at All Saints as soon as possible for advice and support. We have recently employed a school counsellor who may be able to assist and the staff are always ready to support you however we can.

The wellbeing of each other is so important. We want everyone to leave All Saints with a better capacity to care and empathise with others. We can achieve this through learning and understanding.

With every best wish,
Liz Keogh

BUILDING ATTENDANCE HABITS

How to help your child build a habit of going to preschool or school every day.



regular evening and bedtime routine and enough sleep



limit the use of electronic devices in the evenings



help your child be organised in the morning to get them to school on time



arrange alternative transport in case something unexpected happens



take family vacations during school holidays



make appointments outside of school hours or in school holidays



talk positively about school



show interest in what your child is learning, their progress and their friends



regularly communicate with your child's teacher

FROM THE ACTING APRIM Stephanie Crowe

Celebration of Life

On Monday morning we gathered in prayer as a school community to remember and celebrate the life of Sienna Walker-Brown who died one year ago on May 16th. We also remembered in our prayers Michael Johns, who died in 1997 and Nathaniel McPhail who died in 2002, both past children of All Saints Catholic Primary School.

God of life, we pray with gratitude for the love and life we shared with our love ones who have died, especially Sienna, Michael and Nathaniel. We pray that we may shine our light and show God's love to everyone we meet.

Amen



PARISH SACRAMENTAL PROGRAM

A reminder that our next stage for the Sacramental Program is the Sacrament of Confirmation.



The session dates, times and venues are as follows

Workshop 1:
Wednesday 2nd June 6pm (St Luke's Church)

Workshop 2:
Wednesday 9th June 6 pm (St John's Apostle Parish School)

Workshop 3:
Wednesday 23rd June 6pm – Sponsors are to attend this session at All Saints Catholic School.

Mass Celebrations

Good news! With COVID restrictions easing, we can now celebrate class Masses in the SEM. Masses are at 9:15 and parents are warmly welcome to join us in celebrating Mass.

On Wednesday we joined with the Parish for class Mass the first time since March last year. It was wonderful to be part of our wider community and we thank Father for leading the Year 4s in prayer.

This Sunday, the Year 2 and 3 children are joining the Parish to celebrate Pentecost Sunday. On Pentecost we celebrate the birthday of the Church and hear how Jesus sent his Holy Spirit to the disciples, just as he had promised to do.

"Let your goodness shine out like a light in the darkness, so that through you, the love of the heavenly Father will touch the lives of others" Matthew 5: 16

Saint Vincent de Paul Society's Winter Appeal



Winter is a time where the demand for St Vinnies' services peak. As the weather gets colder there are more people seeking a safe place to sleep, warm bedding and nutritious meals. With All Saints help St Vinnies can support those who are doing it tough.

We have Big Blue Bins, at school for you to place donations of no longer needed warm clothes. On Friday June 18, we are having a PJ day. The children can wear their PJs to school and donate a gold coin towards the good works of St Vinnies.

"I was hungry, and you gave me something to eat. I was thirsty, and you gave me something to drink. I was a stranger, and you took me into your home." Matthew 25:35

Laudato Si Week

This week we are celebrating Laudato Si' Week. This is a celebration of the great progress the whole Church has made on its journey to ecological conversion.

At All Saints this week the children have engaged in class prayers thanking God for the gift of creation and thinking of the ways they can help care for our environment. Many of the children have viewed this [clip which explains Pope Francis' letter, Laudato Si](#).

God Bless,
Stephanie Crowe



FROM THE DEPUTY PRINCIPAL Megan Lovering

Dear Parents and Carers,

Wednesday night Cybersafe Families presented an informative Parent Information Session on various topics. Some of the information Chris Greene shared was confronting and eye opening. Parents who attended left feeling more informed about how to protect their children online and were extremely pleased they attended the session.

One of the things which Chris informed us about is that social media accounts have an age recommendation of 13 as when children sign up they are consenting to their data to be shared. What was also alarming for me is the fact that if we allow our children access at say age 8 then when they are 13 years old, they are recognized as being 18 years old and will start being exposed to things they are not ready for. What are we setting our children up for?

Chris also showed parents a confronting clip about children setting up of personal profiles. If children set up a personal profile and aren't aware of privacy settings it's like they are:

- leaving their front door wide open
- hanging personal photos in public places for everyone to see
- telling a stranger where they live
- speaking to a stranger like they are their best friend
- allowing a stranger to take a copy of their personal photos
- allowing a stranger to look through their personal belongings.

Does your child have a personal profile online? Is it private? Do you know exactly who they are talking to? Chris advised, if you can't pick up the phone to speak to a friend of your child's online, they should not be a friend.

Chris also discussed what information are we as parents posting? He named it 'Sharenting'. Chris challenged us all by asking, what information are we as parents giving a predator? What is in the photos we are taking of our children? Can anyone identify your child's school, where they play sport, play spaces they regularly attend? Look at your security settings and lock them down.

Chris then went on to talk about how the average age of a child's first exposure to internet pornography is 11 years old. He advised parents to start talking about this topic early. We can't afford not to have this discussion early as some things children see can be horrific. They need to feel comfortable to talk with you about what they see online. Not worried that they will be in trouble and their screens taken from them otherwise they will not share what they see. Reassure your children they are not in trouble but ensure they feel comfortable to speak with you.

Below I've listed some of the other information Chris shared:

- Designers of online games look for ways to make children addicted. We need to stop our children for playing too long as this can change their behaviour. Tantrums can creep in when we ask them to put the games away – the longer children are exposed, the more difficult it is for them to put the games away.
- If children are on screens less than an hour before bed, this can stop them from producing melatonin which affects sleeping and can lead to mental health care problems.
- Unless parents play the game children are playing, they don't know what they are getting into and who is talking to them. If parents don't have time to play the game, [Common Sense Media: Age-Based Media Reviews for Families](#) is a link which provides reviews for what your children want to watch (before they watch it) or play.
- Your child could be sitting in the lounge whilst you are watching television and receiving hurtful messages. It is important to limit screen time, be aware of what they are doing online and look out for certain behaviours:
 - Being upset after using the internet or mobile phone
 - Changes in personality, such as becoming more withdrawn, anxious, sad or angry
 - Appearing more lonely or distressed
 - Unexpected changes in friendship groups
 - A decline in their school work and/or avoidance of school or clubs
 - Changes in their sleep patterns
 - A decline in their physical health
 - Becoming secretive about their online activities and mobile phone use.

If your child does receive hurtful and inappropriate online messages:

- Report to the Social Media Platform
- Gather evidence (screenshots)
- Block – the person
- Report to the Office of the eSafety Commissioner
- Contact the Police

If your child does report any inappropriate online behaviour, it is important for parents to:

- Stay Calm
- Listen
- Have 'the talk'
- Problem solve together to keep your child safe
- Reassure: Let them know it's always ok to talk with you if they have seen something confusing or have questions about something they have seen accidentally or not.

We are looking into Cybersafe Families returning next term so parents who were unable to attend on Wednesday night can prioritise this important session next time.

Here is a link which was sent to us by Chris which includes some of the resources he discussed on Wednesday night.

[Cybersafe Families Resources](#)

Thank you to Kylie Sumner for organizing Cybersafe Families and to those of you who were able to join us on Wednesday night.

Megan Lovering
Deputy Principal



YEARS 5 & 6 CYBER SAFETY INFORMATION SESSION

On Wednesday the Year 5 and 6 children had Cybersafe Families, Emma Georgiadis (who also works as a Presenter for Triple M) speak with them about being safe online. One of the first points she made to the children was the importance of being able to distinguish between fake and real news. She also spoke about the impact that COVID has played in the increase of online activity. The children were highly surprised to learn that the average age of a gamer is 32. The children also learnt about how games are developed, and that Psychologists give advice to make the games appealing. This leads to what is known as brain hacking and is why people have gaming addictions.

Emma also spoke about the importance of devices not being in bedrooms at night. She spoke about the need to unwind and get a good night's sleep which can't happen if you are on a screen before bedtime. The children also learnt not to communicate with people who they don't know on any app or game online. She told them that if the person is not someone they can pick up the phone and call because they don't know them, they should not be communicating with them online.

We also spoke about the eSafety Commissioner who children can contact if they are having issues online. They learnt that every report made is investigated and if the matter needs to be taken further, they will be guided and helped through the process.

The children really enjoyed the sessions and took away some very valuable information.

WHAT'S HAPPENING IN Year 3 Olsder

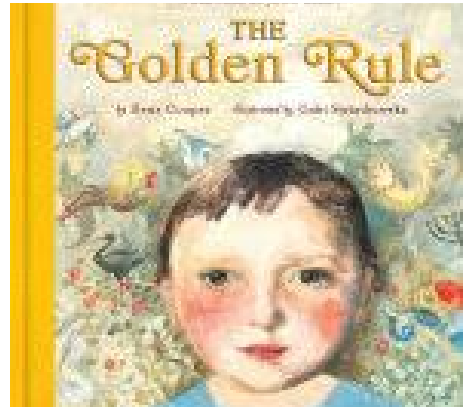
This week in 3O we have been cooking some wonderful tortillas and hommus with Mr Goldfinch. It is great to see the children determined to improve the rolling out of the dough to make it very thin. They persisted and achieved a great result. They were delicious!

We have also been learning new dance in P.E. Whilst it's a bit tricky at the moment, we will continue to practise and hopefully we will be able to perform to our families at at our assembly later in the year.

In Religious Education we have been reading the Golden Rule Book and discussing what it means to follow the Golden Rule.

"Do unto others as you would have them do unto you - everybody knows the Golden rule. But where does it come from and why is it important? It's easy to say, but what does it mean? Why is it called Golden? Here, a grandfather explains to his grandson the importance of this simple rule and demonstrates the wonderful effect following it."

*The book is about the Golden Rule and it means treat others as you would like to be treated - Chloe & Sienna
It is a book for everyone and for all time - Ella and Jessica
The Golden Rule is something like what you might read in the Bible - Evy
It can be for kids and adults to read - Cleo
It's about being kind to other people - Noah
It's something that brings us together and it can stop wars so everyone can live in Peace - Riley
It is important to love each other - Tessa*



ALL SAINTS CATHOLIC PRIMARY SCHOOL NEWS



At All Saints we believe in recognising positive behaviour and the children who meet our school expectations by continually demonstrating they are ready to:

BE A LEARNER
BE SAFE
BE RESPECTFUL

Ms Keogh regularly celebrates with these children by sharing a drink and a chat together.

Congratulations, you are All Stars!



Reception - Year 2



Year 3 - 6

Do you have any spare wool?

The All Saints Recess Craft Club are seeking donations of wool or yarn to make colourful friendship bracelets for each other, their families and friends.

If you have some surplus wool or yarn you are happy to donate, these can be left in our Front Office.

We thank you for your generosity.



SCHOOL CLOSURE DAYS

Friday, 11 June 2021

Monday, 19 July 2021

Monday, 30 August 2021

Friday, 10 December 2021



ALL SAINTS CATHOLIC PRIMARY SCHOOL NEWS

Fairmont **Sunday Mail**
HOMES

LITTLE LEGENDS

The Sunday Mail, with the support of the Fairmont Homes Group, has launched a new campaign – Little Legends – aimed at celebrating all aspects of kids' sport, team and individual.

Congratulations to the All Saints children who were recently nominated as **"Sunday Mail Little Legends"**.



SA Little Legend Addi, 11, from All Saints Catholic Primary School has been starring for the Cove Cannons BMX Club, in the 12 girls' competition. Nominated for her all-round effort, we are told she 'never gives up and gives 100 per cent every week'. As well as her own top commitment and performance, she is recognised for her efforts in encouraging the younger children. We love to hear this, well done Addi.



SA Little Legend Sophie, 7, is pictured here at her first game of school basketball for the All Saints Catholic Primary Schools' Year 2/3 team. Basketball is allowing Sophie proudly push of her comfort zone. Well done Sophie- we hope you continue to have lots of fun!



SA Little Legend Dominic, 5, is loving playing soccer for his U6 team at All Saints Catholic Primary School, the Bilbies. The youngster has been nominated for his all-round effort. He is pictured here at his second-ever match. We're told Dominic's efforts are even more impressive given he is on the spectrum and has sensory issues. 'He has done a tremendous job plus kicked a number of goals for his team – (we) couldn't be any more proud of him!' Well done.

SA Little Legend Kean, 8, is playing in his school's Year 3/4 basketball team, All Saints Catholic Primary School. We love to hear that Kean is being described as 'a great team player, always passing the ball to kids in his team and doing his best to praise them and include them'. Well done, Kean! Picture: Supplied



Small Things...

*Sometimes you can't see them
Sometimes you treasure them
But they are always there,
whether you see them
or you don't....*

*Like butterflies, bees,
and everything in between
A nicely made bed
A kiss on your head*

By Sienna Walker-Brown





Our Children
Our Communities
Our Future



Australian Early Development Census

Playing our part to build a national picture of child health

In early 2021, our school, along with thousands of others across the country will begin preparations for the fifth Australian Early Development Census (AEDC).

The AEDC gives us a national picture of the development, health and wellbeing of children in their first year of full-time school. Since 2009, the census results have helped communities, schools and governments plan services and develop better policies to target support for children and families.

Children don't miss any class time, and parents/carers don't need to supply schools with any new information for the census. The AEDC gives us data at a school and community level - it isn't an assessment of individual children.

Some teachers have also noticed that completing the assessments made them more aware of the needs of individual children and the class as a whole and that the census results are useful in planning for transitions to Year 1 and developing class programs.

Participation in the AEDC is voluntary. Parents/carers don't need to take any action unless they choose not to include their children in the census.

To find out more about the census and how communities are using the data to help children and families visit the AEDC website: www.aedc.gov.au.

If you have any questions, you can contact Liz Keogh, on 8327 0020 or info@allsaints.catholic.edu.au.





Australian Childhood Anxiety TREATMENT STUDY

Free home-based assessment and treatment for 7 to 12 year old children with fear and anxiety disorders.

Does your child become very afraid of certain situations or objects, worry about a lot of things, get very distressed, or try to avoid things they fear?

About the study

Our team at Griffith University may be able to assist you. We are conducting a nationwide study that includes the following services at no cost to families:

- A thorough assessment of your child's anxiety with a trained psychologist via the telephone;
- Your child receiving one of two kinds of home-based treatments delivered on a PC, laptop or tablet; and
- Two follow-up telephone assessments with a trained psychologist 6- and 12-months after treatment to track your child's progress.

The study aims to find out if these two treatments are as effective as each other, and which children have the best response to each kind of treatment. This will mean that there are more evidence-based treatments available for helping anxious children.

About the treatments

Each treatment involves your child completing treatment sessions at home on a PC, laptop or tablet.

Each treatment involves your child learning practical strategies to better manage anxiety.

- One treatment helps children learn to control the focus of their attention on helpful things around them.
- The other treatment helps children learn to think differently and approach things they fear.


Each treatment includes information, telephone or email support for parents in assisting their child to better manage anxiety.

Prior studies have shown that children who complete each treatment experience significant reductions in anxiety.

Contact us

This study is being funded by the National Health and Medical Research Council and is led by Professor Allison Waters and a team of experts in childhood anxiety disorders.

For more information about our study and our team, or if you would like your child to participate, please contact us:

 (07) 3735 3351

 cadrp@griffith.edu.au

 griffith.edu.au/childhood-anxiety-treatment-study



Australian Government
National Health and
Medical Research Council

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