

FRIDAY, 2 JULY 2021 - WEEK 10

# All Saints

## Catholic Primary School

# NEWS

## FROM THE ACTING PRINCIPAL

### Trish O'Toole

Dear Parents, Families and Friends of All Saints Catholic Primary School Community,

I have had a wonderful first week at All Saints and would like to thank everyone for the warm welcome. Over the past week I have had the pleasure of experiencing high quality teaching and learning, teamwork and incredible care for the children and their families. I look forward to continuing working with you all for the first three weeks of next term. If you do see me in the yard, please feel free to come and introduce yourself.

Over the past few weeks the teachers have been working hard on collating and analyzing their assessment data to prepare and write the childrens' Semester One school reports, which you should have received today. I hope that you will be able to spend some time on the weekend sitting down with your child and looking at the report together. This is a time to read the assigned subject grades and comments written by the teacher and discuss the next steps in their learning journey for 2021. It is also a chance for you to congratulate them for their efforts and achievements. The most important thing to look for is their growth in achievement and their effort or attitude to learning. If you have any concerns or issues please make a time to see their class teacher at the beginning of Term 3.

#### Staff News

I am pleased to announce that Stephanie Crowe has been successful in winning the substantive APRIM position at All Saints. I am sure you would all join me in congratulating Stephanie.



I would like to acknowledge and thank all the staff for their dedication and work over the past term and wish them and all children and families a wonderful, relaxing term break.

We look forward to seeing you all next term which begins on Tuesday, 19 July. Monday is a School Closure Day for the children - the teachers will be participating in Professional Learning.

# 2022



We ask families with children currently at All Saints who have siblings starting Reception in 2022, to contact the front office so that Enrolment Forms can be arranged.

## Learning is for everyone.

*We learn what matters. This means that sometimes, you'll get frustrated, fed up or even fail. Strong relationships are the key to us being able to take on meaningful, difficult challenges, to learn deeply, and help each other with our ideas and feedback. The way we design learning at All Saints makes sure we meet the unique needs and passions of every individual.*



## FROM THE ACTING APRIM Stephanie Crowe

### St Vincent de Paul Winter Appeal.

As you would know All Saints has been supporting the St Vinnies Winter Appeal. Our blue bins have been emptied and are ready for more donations. Through our Pyjama Day we raised over \$700 for St Vinnies.

Thank you for your generous support.



### Refugee Week

Last week at school we recognised and celebrated Refugee Week. Each child decorated a foot which added to our school display of 'We are all United'. The children gathered together in prayer and prayed the Prayer of St Francis



The children in Year 5 and 6 had the opportunity to listen to the stories of four refugees who have found a new home in Australia. The stories Ali, Asher, Malembwe and Tashi shared were inspirational. We thank them for being so brave in reliving their experiences and helping us to understand the many challenges refugees face coming to Australia. A special thank you to Kathy for being our compare. The Year 6 children also heard from a representative of St Vinnies who spoke of the service they provide to refugees.



## FRANCISCAN PEACE PRAYER

Lord, make me an instrument of your  
**peace**

Where there is hatred, let me sow  
**love**

Where there is injury,  
**pardon**

Where there is doubt,  
**faith**

Where there is despair,  
**hope**

Where there is darkness,  
**light**

Where there is sadness,  
**joy**

We pray to you for all the men, women and children who have been forced to leave their homelands in search of a better life. Inspire us, as nations, communities and individuals, to see that those who come to our shores are our brothers and sisters.



## CONFIRMATION

Congratulations to the children who received the Sacrament of Confirmation on Tuesday night. These children and their families have met regularly on Wednesday nights to prepare themselves to be 'sealed with the Gift of the Holy Spirit'. Through Confirmation, the children are given the strength to follow Jesus.



During the service, Archbishop Greg O'Regan reminded us that Confirmation is an everyday Sacrament, we can use our gifts to be kind and knowledgeable, we can be generous and loving.

Archbishop O'Regan asked us to pray a simple prayer throughout the day, 'Come Holy Spirit' and he reminded us of God's ever presence in our lives.

The children will continue to gather next term as they prepare for the Sacrament of First Communion next term.

Please join me in congratulating

- Khloe
- Riley
- Keady
- Layla
- Ruby
- Jonathon
- Nicole
- Ryan (Andile) Past student of All Saints
- Mackenzie
- Austin
- Grace

## RECEPTION LITURGY

On Thursday the Reception children and their families celebrated a Liturgy in the Hall. Together we prayed to God to help us live a life of Jesus and show kindness to others.

The children shared with us the ways they could be kind to others and be 'more like Jesus'. Thank you to all of the donations of food for the SEM community.



We welcome the  
children back to  
Term 3

Tuesday, 20 July 2021



## FROM THE DEPUTY PRINCIPAL Megan Lovering

As mentioned last week, Cynthia Geldenhuys, our School Counsellor will be sharing with you over the year some useful information, strategies and tips to help you support your child when challenges may arise e.g., anxiety, anger, self-esteem issues etc.

This week, Cynthia has shared some information about anger management and how you can help your child express their anger in positive ways.

Remember, anger is a normal emotion. The goal of working with children on anger management is not to prevent them from ever feeling angry, but to help them express their feelings in a healthy way. A great way to remind children of this is to tell them that it is okay to be mad, but it is not okay to be mean. While children are ultimately responsible for the choices they make, there are things that you can do as a parent or carer to support your child as they work on anger management.

Tips for parents:

- Consider what your child is trying to communicate. Ask yourself what might be going on behind the anger. Anger can often be a manifestation of other feelings like disappointment, sadness, or frustration. By considering what the root of the anger is, you will be able to better help your child work through it.
- Come up with a coping skills plan. Just like any skill, children get better at using coping skills with practice. It is best to practice these strategies and to talk about their coping skills plan when your child is calm. The more comfortable your child is with using these strategies, the more likely they will be to use them when they are feeling upset.
- Something else that can be helpful is to have a visual representation of your child's coping strategies. Depending on your child's age, this can be a piece of paper with pictures on it, or a list of different strategies they can do. Post it in a place where your child will see it often. This can be a great way to make sure your child is familiar with the strategies and can give them ideas for what they can do when they start to feel angry.
- Set up a calming space in your home with your child so s/he knows where to go and what to do when getting angry. Put together a 'Calm down' box with sensory items e.g. squishy ball, and calming activities e.g. colouring book, diary to write about their feelings or draw their feelings, book to read etc.



- When you see your child using their coping skills, or at least attempting to, praise them! Let them know that their efforts have not gone unseen and that you are proud of the work they have done.

Perhaps one of the most important and most difficult things to remember when your child is angry is to make sure you are in control of your own anger. If we respond to the child's anger with more anger, it just adds fuel to the fire. If you notice that you start to get angry, it's important to use your own coping strategies. Not only will this help you support your child, but it also gives them a chance to see you modeling the behavior that you want to see from them.

What to say:

*"I see you're feeling angry."*

*"Let's work through this together. How can I help you?"*

*"Let's try taking deep breaths together."*

*"Let's try again."*

What to not say:

*"Calm down."*

*"Stop crying."*

*"Stop being a baby."*

*"I don't know why you're acting like this."*

*"Go away."*

Next term, this article will be directly from Cynthia and will have tips to support families on various topics.

I would like to take this opportunity to wish you all a safe and happy holiday.

## SCHOOL CLOSURE DAYS

Monday, 19 July 2021

Monday, 30 August 2021

Friday, 10 December 2021



PLEASE NOTE: These dates are subject to change. Please check the eNewsletter and School Star App for any amendments throughout the year.



## WHAT'S HAPPENING IN Year 4 Hill / Roesler

In Week 8 the Year 4 classes went on an excursion to the Adelaide Zoo. Whilst we were there we completed an orienteering activity to explore the zoo and to learn about the different animals.

We also enjoyed a learning experience which focused on the life cycles of animals. This learning linked with our Biological Sciences unit about the study of living things.

We turned this experience into a Recount which we typed up on the computer. It was a wonderful day enjoyed by all.

Here are a few highlights of the day:

*"The zoo was really fun. We got to see penguins and sea lions. My group went into dark space and saw animals in small enclosures." Abe*

*"At the zoo I liked seeing the reptiles because they were really cool and we had to try and find where they were because they were camouflaged." Ruby*

*"My favourite animals to see at the zoo was the giraffe because it was the tallest animal and I liked it's long neck and tiny tail." Harshmeet*

*"My favourite part was when we got to go inside the nocturnal house and we got to see all of the animals sleeping" Nicole*

*"My highlight was getting to pat the deer and goats. I liked seeing the meerkats playing around, the giraffe and visiting the nocturnal house. There was also a massive bird that was nearly as tall as me." Dhawa*





# ALL SAINTS CATHOLIC PRIMARY SCHOOL NEWS



At All Saints we believe in recognising positive behaviour and the children who meet our school expectations by continually demonstrating they are ready to:

**BE A LEARNER**  
**BE SAFE**  
**BE RESPECTFUL**

Our Acting Principal, Trish O'Toole celebrated with these children by sharing a drink and a chat together.

*Congratulations, you are All Stars!*



Reception - Year 2

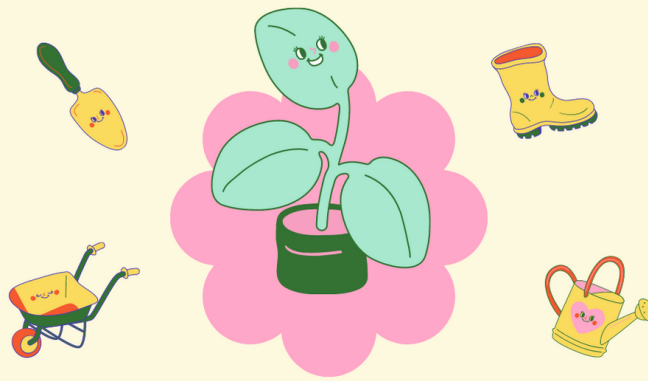


Year 3 - 6



## ALL SAINTS COMMUNITY GARDEN

# VOLUNTEERS WANTED



**DO YOU HAVE A GREEN THUMB AND CAN HELP OUT ON A FRIDAY AFTERNOON?**

All Saints is starting a Community Garden Club in Term 3 to rejuvenate our vegetable garden and utilise the produce in our All Saints cooking program. If you have a 'green thumb' or are interested in gardening, we would love for you to join us on Friday afternoons at 2pm. Parents, grandparents and family members are all welcome.

To register your interest, please call our front office on 83270020.

