

All Saints

Catholic Primary School

NEWS

FROM THE ACTING PRINCIPAL

Trish O'Toole

Dear Parents, Families and Friends of the All Saints Community,

Welcome back to school! We are very pleased to see all the children and their families arrive at school on Wednesday morning. I would like to congratulate all the children who were home participating in online learning, on how well they adapted. I would also like to acknowledge the very competent parents at home supporting their children's learning while completing their own work. The teachers need to be commended for their abilities to be flexible and responsive to all learners' needs while using online teaching and learning platforms, especially when also supervising children at school.

A warm welcome to the new children and families starting at All Saints this term. We understand how difficult this stop start to school has been for you all. Please be assured that the teachers and staff at All Saints will continue to help the children feel welcomed and safe in our school environment.

Along with our new children and their families, we also welcome Stephanie Schetter, Reception teacher for our new Reception children and Caitlyn Hawke, who is taking Fiona Graff's Year 6 class for Term 3, whilst she is on long service leave.

Over the break, we received some very sad news, the passing of Bryan D'Aloia, father of Levi (5B). We ask you to keep the D'Aloia family in your prayers.



Learning is for everyone.

We learn what matters. This means that sometimes, you'll get frustrated, fed up or even fail. Strong relationships are the key to us being able to take on meaningful, difficult challenges, to learn deeply, and help each other with our ideas and feedback. The way we design learning at All Saints makes sure we meet the unique needs and passions of every individual.

COVID-19 Update

As you would have read in my recent letter to all families, there are a number of government restrictions in place at present and this will mean normal access to the school site by parents will not be possible during this time. I therefore ask you to adhere to the following guidelines.

- When dropping your child off at school, please wear a mask.
- Parents/carers are not to enter school grounds.
- Staff will greet the children at the gates and support them to get to their class.
- New Reception parents are able to walk their child to the classroom door, however will need to wear a mask and scan the QR code.
- If entering the Front Office, please be aware of a limit of 2 visitors at any time. Masks are to be worn and the QR code scanned prior to entry.

School Performance Survey

Over the next few weeks of this term, All Saints families will be invited to complete a survey being conducted by Catholic Education SA (CESA). The survey will help CESA monitor and report on their school performance standard – Living, Learning, Leading (LLL).

Similar surveys will be administered to All Saints staff and children to enable the school to capture a community snapshot. All responses are confidential and will be used for school improvement processes.

The survey has been forwarded to all families via email this week, however if you require further information about how to access this survey, please see the attached handout or [click here](#) and enter the code **ASLLLP**. If you do not have access to the internet at home, we will have some iPads available at school every morning and afternoon via the Front Office.

Kind regards,
Trish O'Toole

FROM THE APRIM Stephanie Crowe

Out Reach

Our Year 4 CRC (Children's Representative Council) have worked with Mr Goldfinch recently making pasta, pasta sauce and apple crumble for those in need. They have taken to heart the words of Mary MacKillop, 'Never see a need without doing something about it'.

Community Service is based on Catholic Social Teachings (CST). CST offers a way of thinking, being and seeing the world. It provides a vision for a just society in which the dignity of all people is recognised and those who are on the margins are cared for. This year at All Saints we have supported St Vincent de Paul, Caritas Australia and our local SEM Community. This term our focus will be Catholic Charities.

If you were like me and busy at home cleaning and sorting recently, the St Vinnies bins are still at school, ready for your donations. The bins will be on site until the end of August, 2021.

Our CRC children are also busy planning 'Nature Play' on Mondays and Tuesdays for recess and lunch times. They have explored the play pod (the shipping container next to the Music Room) and are preparing a presentation to show the school about engaging safely with the equipment.

Loving God,

*Help us to focus on what we have,
not on what is removed or changed.*

*Strengthen us when we feel discouraged
or overwhelmed.*

*Embrace us so we may know your loving
presence within us and among us.*

*Walk with us as we bring your love, and
carry your light into the world.*

Amen.

During this difficult time of uncertainty and disruption to our lives, we urge you to please reach out and chat to us about how we can help you and your family in any way.

Stay well, stay safe.

God Bless,
Stephanie Crowe



FROM THE SCHOOL COUNSELLOR Cynthia Geldenhuys

Hi families! The lockdown and rapid transition to digital learning and home schooling have been challenging for staff, parents and the children. These challenges, together with fears about health, money, work and the uncertainty about what the future holds, could cause anxiety and a range of other emotions for children as well as adults. Depending on the age and ability of your child, they may not be able to articulate how they are feeling. Instead, these emotions may come out in misbehaviour, frequent tears, being argumentative, etc. If/when this happens with your child, try to show a little extra grace, and remember that this may just be how they are expressing the frustration, anxiety and sadness they may be feeling.

Following are some signs of anxiety often displayed in younger children (under 10):

- Behave in challenging ways and become angry and defiant.
- Become quiet and withdrawn.
- Complain of feeling unwell – frequent tummy aches, nausea, headaches or dizziness.
- They may also seem okay but inside their minds may be racing.

Older children (over 10 years) show the same symptoms, but their behaviours are often more intense and challenging to handle:

- Aggressive outbursts which can be verbal or physical following seemingly minor triggers.
- They may run off - with little justification.
- They may close off emotionally, refuse to talk to you or their friends, keep to themselves, and in more troubling circumstances can act in impulsive or self-harmful ways.

Following are some suggestions to support yourself and your child during these unpredictable and stressful times:

1. Validate feelings: Acknowledge, validate and talk about feelings – yours and theirs. It is important for children to know that you are there to support them and work through feelings with them. You are their safe haven and the best way to teach them to manage feelings is to set a good example. Share how you are feeling and what you are doing to manage your feelings. You can say things like: “How do you feel about this?”, “I know this is hard, I sometimes feel like this too and then I” or “missing your friends and teacher must make you feel sad, I miss my friends too”, “draw a picture of how you are feeling” and let them tell you about it. It is also important to keep checking in after lockdown, as behaviours and feelings can continue and develop, even when things seem to have gone back to 'normal'.

2. Self-care: Look after yourself (and your partner). Self-care is essential in times of change. Model to your children ways to handle stress and anxiety constructively by engaging in helpful activities that boost physical and mental wellbeing, i.e. get some regular exercise to release the feel-good endorphins, do some mindfulness activities as a family, and engage in calming and relaxing games e.g. family board games to take all minds off worries for a time. This family ‘we-time’ builds strong family connections and it shows your children that you are all in this together and will get through tough times.

3. Maintain consistency and routines: Stick to normal schedules as much as possible especially following online school schedules, mealtimes, and bedtimes. Children find consistency, boundaries and routines reassuring, as it helps them maintain feelings of control and safety.

Below are some useful links and tools you may find helpful.

Remember we are all experiencing ongoing changes and we are all doing the best we can. So, make sure you give your child and yourself extra grace.

Take Care,
Cynthia Geldenhuys

TELEPHONE/ WEBSITE SUPPORT SERVICES

Kids Helpline is a free, private and confidential 24 hour / 7 days a week phone and online counselling service for young people aged 5 to 25 in Australia. Phone: 1800 55 1800
Website: <https://kidshelpline.com.au>

Parents - Lifeline is a national charity providing all Australians experiencing a personal crisis with access to 24 hour / 7 days a week crisis support. Phone: 13 11 14
Website: <https://www.lifeline.org.au>

Beyond Blue provides information and support for people living in Australia. Phone support is available 24 hours / 7 days a week. Phone: 1300 22 4636
Website: <https://www.beyondblue.org.au>

Raising Children Network <https://raisingchildren.net.au>

Parent Helpline SA gives advice on child health and parenting. Phone support is 24 hours. Phone 1300 364 100

Free Online Anxiety Management Program - The BRAVE Program is an interactive, online program for the prevention and treatment of childhood and adolescent anxiety. Further information can be found at <https://brave4you.psy.uq.edu.au>

SA Health Facebook Page www.facebook.com/sahealth

WHAT'S HAPPENING IN Year 1 Yeates

This week, 1 Yeates have shown what amazingly capable, independent and resilient home learners they can be!

Thrown into a snap seven day lockdown, these intrepid home learners (and their super supportive parents) wasted no time jumping onto Seesaw and launching into online learning, as if it was something they did every day.

The children completed a range of tasks from across the curriculum – including literacy, maths, music, science and even cooking!

"I missed playing with my friends in lockdown but I did get to do lots of work at home." Dylan

"I enjoyed doing my work on Seesaw because my mum was there to help me." Marley

"I wore my pyjamas all day but I still did my schoolwork." Sofia

"I did lots of PE with Ollie and Harley because you need to keep fit in lockdown." Kai

In Religious Education, they completed a Gratitude Hunt and searched for all the things that they were grateful for in their lives. It was a wonderful reminder that even in the toughest of times, we all have lots to be thankful for.

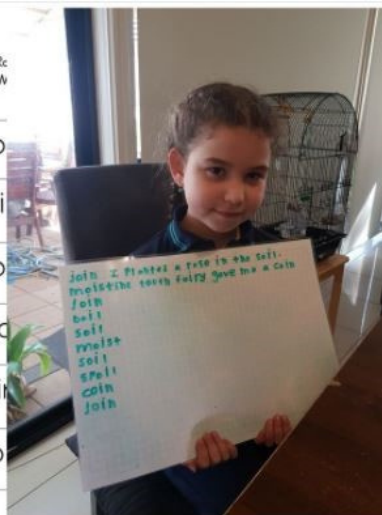


Gratitude Hunt (Home Edition)

Something that is useful  time	Something that is your favorite color  colours of the rainbow	Something that makes you happy  movies
Something that makes you feel safe  mummy	Something that makes a beautiful sound  keyboard	Something that makes you laugh  my mum's monkey pyjama's

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2 Ww

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join
spoil
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WELCOME TO ALL SAINTS



STEPHANIE SCHETTER
Reception Teacher

My name is Stephanie Schetter and I am the new Reception teacher here at All Saints. I have previously worked with other Reception/Year 1 classes and am very grateful to have been provided the opportunity to teach this group of brilliant mid-year Receptions.

I come from a family of teachers and never pictured myself having a career other than working with children. My goal as an educator is to inspire the future generations to become the best possible versions of themselves. I will aim to support children in becoming confident, resilient, empathetic young members of our society who contribute to and question the world around them in order to better it.

I greatly appreciate how welcome everyone in the All Saints community has made me feel. I cannot wait to meet all the lovely children and families here at All Saints and become a part of your fantastic community.



CAITLYN HAWKE
Year 6 Teacher

Hello, I'm Caitlyn Hawke and joined All Saints this term as a replacement Year 6 Teacher while Fiona Graff is on long service leave.

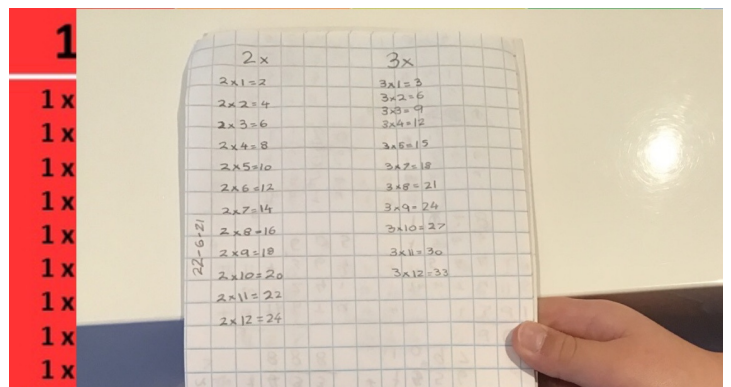
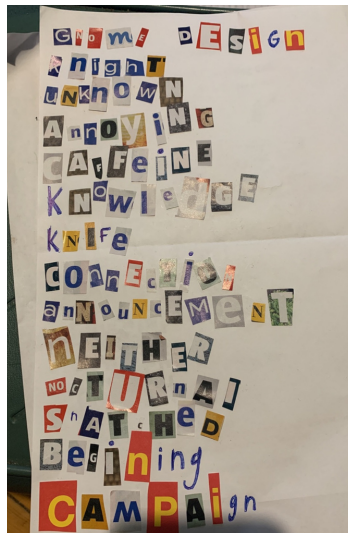
I have been a part of a number of local school communities in the past, working with a range of year levels.

I was a dance teacher for 11 years and enjoy dancing and doing yoga. My favorite place ever is the beach and I love spending time with family and friends by the ocean.

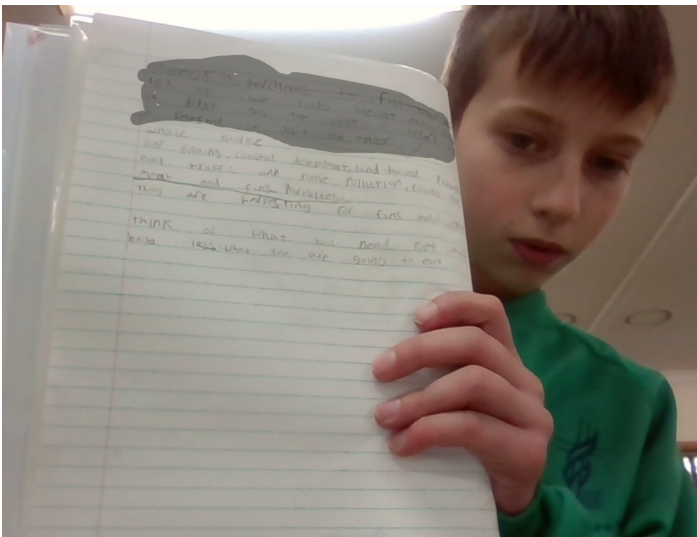
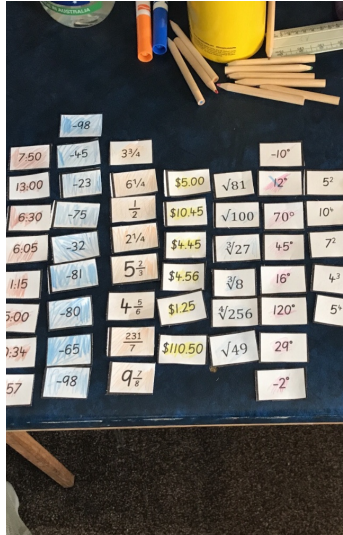
I'm loving the supportive community I am surrounded by at All Saints and the deep learning I have the privilege of providing the children with every day.

Come say hello if you see me in the school yard, I would love to meet you.

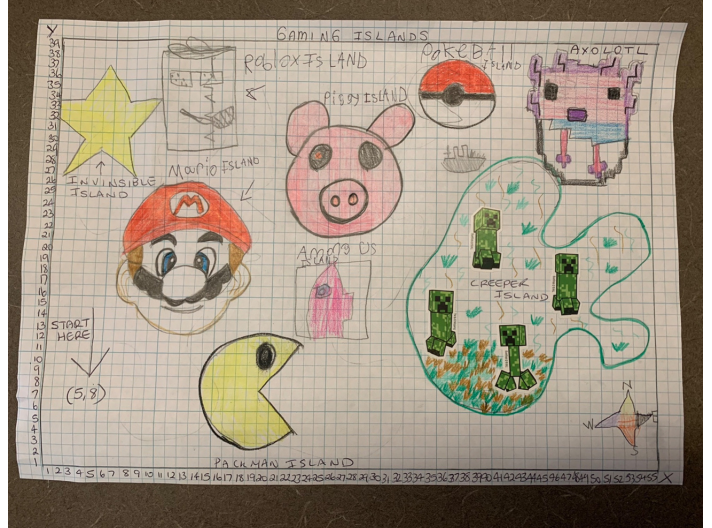
ALL SAINTS @ HOME



ALL SAINTS @ HOME



Use the 🖋️ pen tool to circle hot
Then click the 🗣️ mic



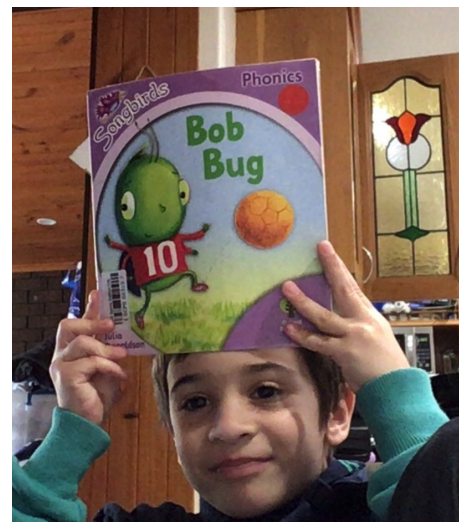
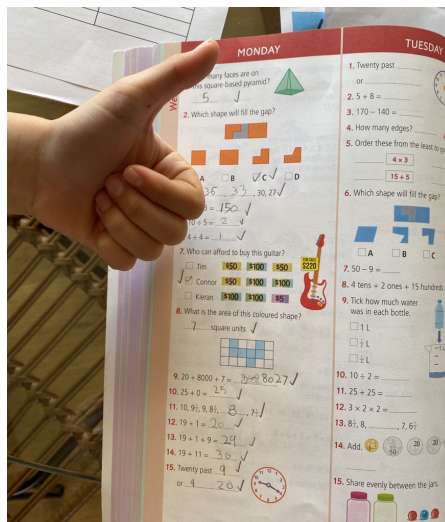
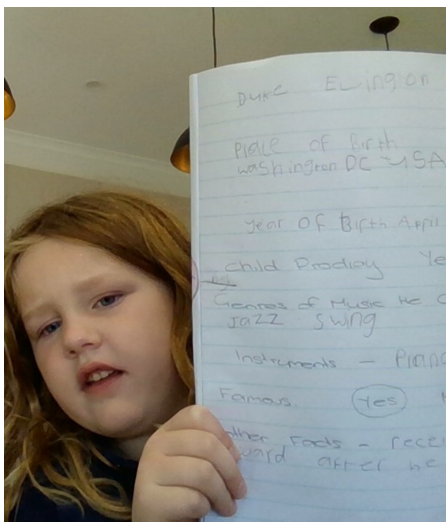
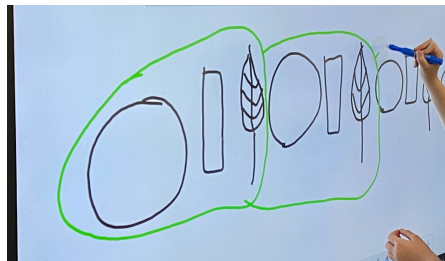
ALL SAINTS @ HOME



The Quick Fox

duck in the
He ran in the sun next to a dog.
"You are quick!"

The quick fox
quill and a q





To respond the LLL Parent and Caregiver Survey
at All Saints Catholic Primary School in 2021:

Parents go to
www.NSIPartnerships.com.au
enter the code ASLLLP

in the Start Questionnaire field



NSI
Partnerships

LLL Parent and Caregiver Survey

You are invited to participate in a new survey about your school's performance. Similar surveys will be administered to staff and students to enable us to capture a community snapshot.

All responses are confidential and will be used for school improvement purposes.
Completion of the survey is on a voluntary basis.

Your confidentiality

To protect your confidentiality, all surveys are anonymous. All answers go directly to the National School Improvement Partnerships, where the results are analysed for your school. Answers from individual surveys will NOT be reported back to the school. Staff of the National School Improvement Partnerships staff are bound by a Code of Ethics and follow strict professional conduct.

Use of the data

National School Improvement Partnerships will report the results to the school in an aggregated format so that individuals cannot be identified. To enable drill-down reporting, the information provided to the school will contain data based on background information. This anonymous data will be provided to CESA for reporting and consideration of support for schools.

How to complete the survey

For each statement, you are asked to rate how well you think the school is performing by circling one of six responses. The responses are numbered 1 to 6, with number 1 being the lowest or worst rating and number 6 being the highest or best rating.

There are no 'right' or 'wrong' answers. Your opinion is what is wanted.

Please be sure to answer all questions.

Some statements may be fairly similar to other statements. Don't worry about this. Simply give your opinion about all statements.

To get started, use the QR code above or go to www.NSIPartnerships.com.au and enter the school access code ASLLLP.

If you require more information or have any feedback, please contact Belinda Hurcombe. Email: Belinda.Hurcombe@cardijn.catholic.edu.au

Your time and consideration are much appreciated.

SCHOOL CLOSURE DAYS

Monday, 30 August 2021

Friday, 10 December 2021



PLEASE NOTE: These dates are subject to change. Please check the eNewsletter and School Star App for any amendments throughout the year.



2 DAY EVENT
ZERO & REWARDS CARD HOLDERS

2 DAYS ONLY - 5TH & 6TH AUGUST

20% OFF
SCHOOLWEAR
& EVERYTHING ELSE



CAN'T GET TO A STORE?
SHOP ONLINE >

[click here](#)

